



## AGE CONCERN TARANAKI What's On in APRIL 2022

**We invite you join us in our exciting programmes and activities**

**AQUA WALKING: Tuesday 5<sup>th</sup> and 12<sup>th</sup> April 10am – 11 am**

**There is no Aqua Walking held in the School Holidays.**

**\$3 pp.** This is now held at The Methanex Indoor Pool, 10 Murray Street Bell Block.

Vaccine Pass required to enter facility.

**Please register with Pauline PRIOR to entering the class** by calling 06 759 9196 or email [pauline@ageconcerntaranaki.org.nz](mailto:pauline@ageconcerntaranaki.org.nz) or call in to Office at 33 Liardet St.

**MONTHLY OUTING: Wednesday 6<sup>th</sup> April Pauline will be in contact as to whether this will be held in April or Please phone our Office for confirmation of this. 06 759 9196**

**WARM UP WEDNESDAY: 13<sup>th</sup> and 27<sup>th</sup> April 10am – 12 noon**

Held in the ACT hall, 33 Liardet St New Plymouth

**“Songs are memories you can always go back to”**

A fun, interactive music programme for everyone. The morning includes refreshments and some fun “Music Trivia “. **Please bring a gold coin to assist with ACT’s operating costs.**

**DROP IN CAFÉ / SOCIAL MORNINGS: Every Thursday 9.30am – 11am**

Held in the ACT hall, 33 Liardet St New Plymouth

Thursday 7<sup>th</sup> World Health Day – Guest Erin from The Heart Foundation

Thursday 14<sup>th</sup> Easter Celebrations

Thursday 21<sup>st</sup> Drop in Café Conversation and great company

Thursday 28<sup>th</sup> Drop in Café Chit Chat and Crackers

Easter Friday 15<sup>th</sup> April and Easter Monday 18<sup>th</sup> - We are closed.

Anzac Day 25<sup>th</sup> April - We are closed

We will have A Mother’s Day Raffle on sale from Tuesday 19<sup>th</sup> April - \$2 a ticket available from our Office and drawn on Thursday 5<sup>th</sup> May at Drop in Café. MUM’s the word in May.

**TOMORROW’S MEALS** - Convenient Frozen Healthy Meals are available to purchase daily. Deliveries on Friday’s and by arrangement with Pauline, \$5 delivery fee applies.

**Contact: Pauline Julian - Age Connect Service Coordinator North Taranaki**

**Office Hours: 9.30 am - 1.30 pm Mon - Fri 06 759 9196 or 0800 243 625**