



## AGE CONCERN TARANAKI

What's On

APRIL 2026

New Plymouth - Bell Block

### **AQUA WALKING** Tuesday 7<sup>TH</sup>, 14<sup>TH</sup>, 21<sup>ST</sup>, 28<sup>TH</sup> 10am-11am

The Methanex Aquatic Centre - 10 Murray St Bell Block. Come along for great fun, fitness & exercise to the BEST music. Good for strength and balance. Cost \$4 pp.

For registration and interest please contact Pauline phone 06 759 9196

### **WARM UP WEDNESDAY** Wednesday 8<sup>TH</sup> and 22<sup>ND</sup> 9.30am-11.30am

Held at 33 Liardet St NP. Singing, instruments, participation, movement and fun, while you enjoy a light "spoons and tunes lunch of the day" served at 10.45 am.

Held at 33 Liardet Street New Plymouth. Gold coin donation.

### **AGE CONCERN TARANAKI OUTING** Wednesday 15<sup>th</sup> April

Venue: The Treehouse 471 Devon Street West New Plymouth

Time: 11.30 am

Cost: Menu prices

### **DROP IN CAFÉ AND OTHER SPECIAL EVENTS**

**Thursday 9.30 – 11.30 am - 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup> April**

April 9<sup>th</sup> ADT Medical Alarms Guest Speaker – Wendy Otene

April 23<sup>rd</sup> Age Concern Taranaki Anzac Ceremony "Lest we forget" 10 am  
Held at 33 Liardet Street New Plymouth. Morning Tea concluding the service.

**MEN'S GROUP - Monday 20<sup>th</sup> April 11.30 a.m**

Visit to New Plymouth Club with Richard.

**POWER OF THE PEN – Friday 17<sup>th</sup> April – 9.30 am**

A welcoming new writing group for older people who love words, stories, or want to give writing a try. No rules, no pressure—just creativity, connection, and the power of your pen.

### **What's coming up in May**

- \* **Mother's Day Celebrations - share a pic and story Mother's Day Raffle Drawn (7<sup>th</sup> May)**
- \* **Vospers - Information on Celebrating your life**

Contact: Pauline Julian - Age Connect Service Coordinator North Taranaki

Office Hours: 9.30 am - 1.30 pm Mon - Fri 06 759 9196

Events calendar [www.ageconcerntaranaki.org.nz](http://www.ageconcerntaranaki.org.nz)