



AGE CONCERN TARANAKI

What's On

April 2025

New Plymouth - Bell Block

AQUA WALKING Tuesday Dates : 8th, 15th, 22nd, 29th 10 am – 11 am

Please note - not held on Tues April 1st due to school swimming event.

The Methanex Aquatic Centre - 10 Murray St Bell Block. Come along for great fun, fitness & exercise to the BEST music. Good for strength and balance. Cost \$4 pp. For registration and interest please contact Paulline ph 06 759 9196

SPOONS AND TUNES: Wednesday 9th and 23rd April 9.30 - 11.30 am

Held at 33 Liardet St NP . "Chill" with us to some great tunes, movement and fun, while you enjoy some yummy summer fruits and icecream for a cool vibe at 33 Liardet Street New Plymouth . Gold coin donation .

DROP IN CAFÉ /SOCIAL MORNINGS Thursday 3rd, 10th, 17th April

Held at 33 Liardet St New Plymouth 9.30 am – 11.30 am

Socialise, connect, make friends and have fun over a delicious morning tea. We have Guest Speakers and great fun lined up for you. Rebecca from Hato Hone St John is our guest speaker on Thursday April 10th 2025.

ANZAC SERVICE Thursday 24th April at 33 Liardet St New Plymouth 10 am

An opportunity to reflect and honour "Lest We Forget". Light refreshments following this service. Special Guests in attendance - Everyone Welcome

OUTING IN APRIL Wednesday 16TH April 2025 12.30 pm (Please note later

time commencing 12.30 pm) Today we meet at The Fitz for a delicious \$20 Roast Meal. There is also an option for dessert plus tea and coffee at an additional cost. Please contact Pauline for further information and transport arrangements. Ph 06 759 9196

MENS GROUP Calling our our men folk, we will see you on 24th April at our Anzac Ceremony.

Office closed: Good Friday 18th Easter Monday 21st Anzac Day 25th April

**Contact: Pauline Julian - Age Connect Service Coordinator North Taranaki
Office Hours: 9.30 am - 1.30 pm Mon - Fri 06 759 9196**