



AGE CONCERN TARANAKI

What's On

May 2025

New Plymouth - Bell Block

AQUA WALKING Tuesday Dates : 6th, 13th, 20th, 27th 10 am – 11 am

The Methanex Aquatic Centre - 10 Murray St Bell Block. Come along for great fun, fitness & exercise to the BEST music. Good for strength and balance. Cost \$4 pp. For registration and interest please contact Paulline ph 06 759 9196

WARM UP WEDNESDAY Wednesday 14th and 28th May 9.30 - 11.30 am

Held at 33 Liardet St NP. "Warm up " with us to some great tunes, movement and fun, while you enjoy some delicious hot soup and toast at 33 Liardet Street New Plymouth. Gold coin donation.

DROP IN CAFÉ /SOCIAL MORNINGS Thursday 1st, 8th, 15th, 22nd, 29th May

Held at 33 Liardet St New Plymouth. All held from 9.30 am – 11.30 am

1st May NPDC Parking Officers, information on new meters, fees & other information

8th May Celebrating MOTHER'S DAY Bring a photo to share if you wish, Mum's the Word

15th May Drop in Café

22nd May Join us for a " Pink Ribbon Breakfast " at 33 Liardet St NP.

Support this worthy cause with proceeds to NZ Breast Cancer Foundation

29th May Guest Speaker - Julia Kennedy - Health & Disability Advocacy Service

OUTING IN MAY Wednesday 21ST MAY 2025 11.30 am

"OH WE DO LIKE TO SIT BESIDE THE SEASIDE"

Lunch at Gusto on Ocean View Parade, Ngamotu Beachfront.

Menu to be confirmed. Please express your interest to Pauline. Ph 06 759 9196

MENS GROUP Movie and Man Snacks Monday 19th May 2025

Meet at 33 Liardet St NP 12.30 pm. Come along, sit back, make yourself comfortable and take in a movie.

Contact: Pauline Julian - Age Connect Service Coordinator North Taranaki
Office Hours: 9.30 am - 1.30 pm Mon - Fri 06 759 9196