

New Plymouth - Bell Block

AQUA WALKING Tuesday Dates: 3rd, 10th, 17th, 24th June 10 am – 11 am The Methanex Aquatic Centre - 10 Murray St Bell Block. Come along for great fun, fitness & exercise to the BEST music. Good for strength and balance. Cost \$4 pp. For registration and interest please contact Pauline ph 06 759 9196

WARM UP WEDNESDAY 11th and 25th June 9.30 - 11.30 am

Held at 33 Liardet St NP. "Warm up "with us to some great tunes, movement and fun, while you enjoy some delicious hot soup and toast at 33 Liardet Street New Plymouth. Gold coin donation.

DROP IN CAFÉ /SOCIAL MORNINGS Thursday 5th, 12th, 19th, 26th June All held from 9.30 am – 11.30 am at 33 Liardet St New Plymouth. This is a wonderful opportunity to meet people, make friends, connect with other over morning tea.

Elder Abuse Awareness Week 15th – 22nd June 2025

For more information on Elder Abuse and neglect prevention services contact our EARS team at Age Concern Taranaki

OUTING IN JUNE Wednesday 18TH JUNE 2025 11.30 am

Due to popular demand we are going to be dining at Sunworld Restaurant at 11.30 am. Please express your interest to Pauline. Ph 06 759 9196

MENS GROUP 16th June 2025 The Great NZ Bake Off. Where you will be preparing your lunch that day, this will be fun. Meet at Richard's Kitchen 33 Liardet St NP - 11.30 am start

<u>Note</u>: Age Concern Taranaki Office will be closed on Monday 2 June Kings Birthday and Friday 20th June Matariki,

<u>Contact</u>: Pauline Julian - Age Connect Service Coordinator North Taranaki Office Hours: 9.30 am - 1.30 pm Mon - Fri 06 759 9196 Events calendar www.ageconcerntaranaki.org.nz