



**AGE CONCERN TARANAKI**  
**What's On**  
**JUNE 2024**  
**New Plymouth – Bell Block**

**AQUA WALKING: Tuesday 4<sup>TH</sup>, 11<sup>TH</sup>, 18<sup>TH</sup>, 25<sup>TH</sup> June 10am – 11 am It's amazing!**  
Exercises in the water to awesome music, great for improving stability and fitness.  
Held at Methanex Pool Complex, 10 Murray St Bell Block. Cost \$4 pay at reception.  
Please register with Pauline PRIOR to entering the class by calling 06 759 9196.

**MONTHLY OUTING: Wednesday 5<sup>th</sup> June 2024**

Venue: Butlers Reef - Covered Marquee setting behind hotel

Time: 11.30 am

Menu: Set menu on the day

Expressions of interest and transport arrangements to Pauline ph 06 759 9196 no later than Friday 31 May due to the long weekend please.

**WARM UP WEDNESDAY: 12<sup>th</sup> and 26<sup>th</sup> June 9.30 - 11.30 am 33 Liardet Street NP.**

Warm up with hot soup and toast, movement and music . Keep warm and well this winter.  
Gold coin donation.

**DROP IN CAFÉ: Thursday 6<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> June 9.30 - 11.30 am**

Socialise , connect, make friends and have fun over a delicious morning tea.

**SOCIAL MORNING: Thursday 13<sup>rd</sup> June 2024 9.30 am - 11.30 am**

Age Concern Taranaki's Elder Abuse Response Service informative team presentation.  
Wear purple in support of this event. Morning tea provided.



**Elder Abuse Week 15<sup>th</sup> – 22<sup>nd</sup> June 2024**

Friday 28<sup>th</sup> June Public Holiday Matariki – Happy Matariki

Contact: Pauline Julian - Age Connect Service Coordinator North Taranaki  
Office Hours: 9.30 am - 1.30 pm Mon - Fri 06 759 9196 or 0800 65 2 105