



AGE CONCERN TARANAKI

What's On

DECEMBER 2024

New Plymouth - Bell Block

AQUA WALKING Tuesday 3RD, 10TH, 17TH December 10 am – 11 am

Held at The Methanex Aquatic Centre - 10 Murray St Bell Block. Come along for great fun, fitness and exercise to the BEST music. Good for maintaining strength and balance. Cost \$4 pp . Our last class for 2024 will be on December 2024 and Tuesday 17th we return on Tuesday 21 January 2025.

SPOONS AND TUNES: Wednesday 11th December 9.30 - 11.30 am

Held at 33 Liardet St NP . “Chill” with us to some great tunes, movement and fun, while you enjoy some yummy summer fruits and icecream for a cool vibe at 33 Liardet Street New Plymouth . Gold coin donation . Spoons and Tunes returns Wed 12th Feb 2025

DROP IN CAFÉ /SOCIAL MORNINGS Thursday 5th and 12th December

Held at 33 Liardet St New Plymouth 9.30 am – 11.30 am

Socialise, connect, make friends and have fun over a delicious morning tea. We have Guest Speakers and great fun lined up for you. Drop in Café returns Thursday 23rd January 2025

CELEBRATE CHRISTMAS WITH AGE CONCERN TARANAKI

THURSDAY DECEMBER 19TH 2024

To be held at The New Plymouth Bowling Club (Brooklands Road / Upjohn St driveway)
This year we are combining our Christmas Dinner with our Christmas Party for a sleigh full of fun, festivities and fabulous food.

Meet from 9.30 am and let the fun begin at **10 am**

Please pay the cost of your buffet christmas meal \$30 and register your attendance with Pauline at 33 Liardet Street. This must a cash payment and no later than 13th December

Wishing you all a very Merry Christmas and a Happy New Year

Contact: Pauline Julian - Age Connect Service Coordinator North Taranaki
Office Hours: 9.30 am - 1.30 pm Mon - Fri 06 759 9196