



AGE CONCERN TARANAKI
What's On
April 2024
New Plymouth – Bell Block

AQUA WALKING: Tuesday 2nd, 9th, 16th, 23rd, 30th 10am – 11 am It's amazing!
Exercises in the water to awesome music, great for improving stability and fitness.
Held at Methanex Pool Complex, 10 Murray St Bell Block. Cost \$3 pay at reception.
Please register with Pauline PRIOR to entering the class by calling 06 759 9196.

MONTHLY OUTING: WED APRIL 3RD

Venue: Deluxe Diner 36 Leach St New Plymouth

Time: 12 noon (Opening Time) entry is not permitted before this.

Menu: To be discussed

Capacity: 40 people maximum group

Expressions of interest to Pauline or Robyn ph 06 7599196

WEDNESDAY OKEY DOKEY - KARAOKE April 10th ONLY

Select a song of your choice on our "new" Big Screen TV and Singalong. Refreshments, Music, Rock n Chairs and lots of fun. 9.30 – 11.30 am at 33 Liardet Street NP.

SPECIAL DAY – WEDNESDAY 24TH AGE CONCERN TARANAKI - ANZAC SERVICE - 10 am

Commemorate our fallen soldiers with an official service held at 33 Liardet Street NP

Formal dress encouraged

Light refreshments following the service



DROP IN CAFÉ / SOCIAL MORNING Each Thursday 9.30am - 11.30am

Thursday 4th, 11th, 18th only (April 25th is a Public Holiday - Anzac Day)

Fun, Activities, Group Interaction, Socialising and Connection

Contact: Pauline Julian - Age Connect Service Coordinator North Taranaki

Office Hours: 9.30 am - 1.30 pm Mon - Fri 06 759 9196 or 0800 65 2 105